



CYCLE-TO-SCHOOL COACHING

Free cycle coaching in Moseley

FREE CYCLE COACHING

If you're worried about cycling to school for the first time, Bike Bus can help!

Launched in 2021, the Moseley Bike Bus offers free one-hour sessions to help you cycle to school with your child.

Sessions are accompanied: a qualified ride leader will guide **you and your child** how to ride safely, manage junctions and follow your safest route to & from school, offering tips and advice.

WHAT DO I NEED?

You'll need working bicycles for yourself and your child: bikes that fit properly, with pumped-up tyres, working gears and brakes.

Children must be able to ride their bike, to the standard of Bikeability Level 2. Ask your school for Bikeability courses or email bikeability@theaws.org.

WHAT WILL WE LEARN?

You'll learn:

- How to ride safely with children
- Your best route to and from your own home to your school in each direction (each way may be different)
- How to manage a child through junctions and crossings

Your child will learn:

- Their route to & from school
- Hazard-awareness skills
- Bike handling skills
- How to manage crossings and junctions
- How to manage other road users

HOW DO I GET MORE INFORMATION?

Info: <https://bikebus.org/moseley>

Email: moseley@bikebus.org

